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MJHS Board Member Justin Yu to be Profiled in Washington, DC Exhibit About Amazing Seniors

Named 1 of 50 Senior Community Leaders in U.S.

FOR IMMEDIATE RELEASE

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NEW YORK— MJHS is pleased to announce that Justin Yu, a new member of the MJHS Hospice and Palliative care board of directors, has been named one of 50 amazing American seniors by LeadingAge—a national not-for-profit association that supports, enables and empowers people to live fully as they get older. Yu, along with an overview of his accomplishments as a senior citizen, will be featured in a high-profile, Celebrate Age multi-media exhibit at the Washington, DC Convention Center from Sunday, October 16, 2011 through Wednesday, October 19, 2011.

“The MJHS board of directors, executive leadership and staff are pleased that Justin has been selected for this national honor,” said Shmuel Lefkowitz, Chairman of the MJHS Hospice and Palliative Care board of directors. “At the age of 65, Justin engaged a network of leaders—including the MJHS One Dragon Team—to bring health and wellness screenings, home visits, general social services, census registration activities and creative arts celebrations into his neighborhood. It’s no wonder residents used to call him the “Mayor” of Chinatown.”

Upon learning he was selected, Yu was equally honored and humbled. “I hope this phenomenal recognition helps shine a brighter spotlight on all community leaders, whether individuals like me or organizations like MJHS that share a commitment to helping seniors. It’s truly a happy day for this senior and it feels amazing to be recognized for making a difference in the lives of others.”

Justin Chin-Shan Yu was born in Chunking, China. He lived in Beijing until the age of four when he and his family moved to Taiwan because of the Chinese Civil War. Yu is the son of the late Cecilia Hsiu-Ya Chang, a renowned Chinese author, and the nephew of the late Paul Cardinal Yu-Pin, Archbishop of Nanking.

Before retiring in 2006, Yu spent 25 years reporting for *World Journal Daily*, the largest Chinese-language newspaper in North America. Prior to joining the paper, he was employed with Manhattan-based Greenwood Textiles.

Yu's additional civic accomplishments include:

- Current President of the Chinese Chamber of Commerce
- Current President of Confucius Plaza Housing
- Founder of the Healthy Living Senior Program at Confucius Plaza
- Immediate Past President of Chinese Consolidated Benevolent Association of New York, an umbrella organization encompassing more than sixty Chinese-American organizations
- Past President of the Chinese Language Journalist Association
- Past Chairperson of the Chinese Chamber of Commerce
- Past President of the Lin Sing Association, a Chinese-American civic organization

A fan of music, an admirer of Chinese calligraphy, as well as an avid reader and traveler, Yu also is a published author and a weekly columnist on senior issues for several Chinese-language publications. He obtained his bachelor's degree in economics from National Taiwan University and a master's degree from Pratt Institute in New York.

PHOTO CAPTION: Justin Yu speaking at a recent MJHS Hospice and Palliative Care event in support of Sixteen Lights—the campaign to build New York's most innovative hospice residences in Brooklyn and the Bronx.

About MJHS

MJHS is a charitable not-for-profit organization with more than a century of providing quality, compassionate and innovative health services to New Yorkers of all ages, ethnic, religious and economic backgrounds. MJHS is uniquely positioned to provide the right level of care when and where it is most needed—so the majority of its care recipients are able to continue living at home and we can help reduce hospital readmissions. The MJHS robust portfolio includes: home care, hospice, palliative care, centers for rehabilitation and nursing care, health plans, independent living and adult day health care. For more information, visit www.mjhs.org or call 1-855-692-5058.

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