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Patients Help Launch High-Tech Road to Recovery

Funding from Assemblyman Steven Cymbrowitz Brings State-of-the-Art Rehab Equipment to Menorah Center for Rehabilitation and Nursing Care

FOR IMMEDIATE RELEASE

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NEW YORK— MJHS patients today helped unveil and demonstrate how new state-of-the-art rehabilitation therapy equipment puts them on the *Road to Recovery*. Thanks to funding secured by Assemblyman Steven Cymbrowitz, Assembly District 45, Menorah Center for Rehabilitation and Nursing Care has expanded their already high-tech rehab program for patients who are recovering from hip or knee replacement surgery, stroke, spinal cord injury or any other orthopedic or neurological condition that affects the ability to walk safely.

“What matters most to me is that the MJHS *Road to Recovery* program helps patients regain the skills and confidence needed to safely return to their homes and communities,” said Cymbrowitz. “I’m proud that the new equipment paves the way for more patients to receive one of Brooklyn’s best, and most compassionate, high-tech rehabilitation therapies.”

Todd Ostrow, MJHS Director of Rehabilitation for Menorah and Shorefront Centers for Rehabilitation and Nursing Care, said, “The invaluable funding secured by Assemblyman Cymbrowitz gives MJHS more ways to treat and motivate our patients, thereby helping them reach their full potential.” Ostrow added, “Now, our talented therapists can create even more comprehensive, personalized high-tech programs that meet each patient’s unique recovery goals.

Innovative programs like *Road to Recovery* exist with the support of local political leaders, such as Assemblyman Cymbrowitz, as well as generous donors who help MJHS continue its mission of providing excellent care every minute, every day.

The new, high-tech *Road to Recovery* equipment courtesy of Assemblyman Cymbrowitz funding is as follows:

- **Biodex Balance System**—Improves balance, increases agility, develops muscle tone and helps patients learn how to reduce the risk of falling
- **Biodex Trainer**—Promotes strength and endurance through an advanced exercise machine
- **Electronic Parallel Bars**—Aides the ability to stand and walk with customized bars that adjust for each patient, making every stride feel natural

- **Lite Gait**—Allows patients recovering from a diagnosis that restricts ambulation to remain upright, while limiting the percentage of body weight supported by a patient's own muscular structure
- **Omnicycle**—Provides passive, active and resistive exercises for the upper and lower body, regardless of diagnosis
- **Traffic Light**—Helps improve judgment and confidence in street crossing

About MJHS

MJHS is a charitable not-for-profit organization with more than a century of providing quality, compassionate and innovative health services to New Yorkers of all ages, ethnic, religious and economic backgrounds. MJHS is uniquely positioned to provide the right level of care when and where it is most needed—so the majority of its care recipients are able to continue living at home and we can help reduce hospital readmissions. The MJHS robust portfolio includes: home care, hospice, palliative care, centers for rehabilitation and nursing care, health plans, independent living and adult day health care. For more information, visit www.mjhs.org or call 1-855-692-5058.

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