



COMMUNITY WEEK 2012

BROOKLYN NETS TO HOST HEALTH AND WELLNESS FAIR AT LIU BROOKLYN TOMORROW, MAY 3 AT 11 A.M.

*Participating Brooklyn Nets Community Week Partners include
LIU Brooklyn, Crunch Fitness, Maimonides Medical Center, and MJHS*

BROOKLYN (May 2, 2012) – As part of Brooklyn Nets Community Week, the Brooklyn Nets will hold a health and wellness fair at **LIU Brooklyn, located at the Wellness, Recreation & Athletic Center on the Long Island University Brooklyn Campus, 161 Ashland Pl., TOMORROW, Thursday, May 3 at 11 a.m.**

LIU Brooklyn students, faculty, and staff will participate in health screenings as well as the following group classes taught by Crunch instructors, Street Fighter (cardio martial arts), Fly Girls (90's Hip Hop) and POUND (workout using drumsticks). Maimonides Medical Center will provide blood pressure and body mass index screenings as well as health education materials. MJHS, the innovative not-for-profit health system founded by the Brooklyn Ladies in 1907, will educate attendees on how to navigate a broad range of vital health care needs and services ranging from home care to hospice and palliative care for adults as well as children, and from centers for rehabilitation and nursing care, to managed long term care and health plans.

Brooklyn Nets Community Week 2012, presented by Maimonides Medical Center, began on Monday, April 30 and will conclude on Friday, May 4. The week of events focuses on the four pillars of the Brooklyn Nets Assist Program: Education, Athletics, Health & Wellness, and Community Development. Each day, members of the Nets organization visit different neighborhoods within the borough to participate in a variety of activities with local residents. To RSVP and for more information on the full week of events, please contact Mandy Gutmann at 718-942-9587 or mgutmann@brooklynnets.com.

MEDIA ARE INVITED TO ATTEND

- WHO:** LIU Brooklyn students, faculty, and staff, Crunch Fitness instructors, and health care providers from Maimonides Medical Center and MJHS.
- WHAT:** Students, faculty, and staff will participate in health screenings and fitness classes.
- WHERE:** Long Island University Brooklyn
Wellness, Recreation and Athletic Center
161 Ashland Place.
- WHEN:** TOMORROW, Thursday, May 3
11 a.m. – 3 p.m.

--Brooklyn Nets--